



OCTOBER 2021 - Q4

| SUN-TUES | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------------|---|---|---|--|
| CLOSED | | | | |
| CLOSED | 6 Emotions Anonymous- 1 PM Recovery Circle - 2 PM Walk It Out Wednesdays- 2 PM Nutrition Program - 3 PM Recovery Circle - 4 PM Mealtime - 5 PM New Member Introduction - 5:30 PM Social Emotional Wellness- 5:30PM Recovery Circle - 6 PM | 7 Café Opens – 1 PM Recovery Circle - 2 PM Culinary Program- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Recovering the Artist Within - 5:30 PM Recovery Circle - 6 PM | 8 FAMILY FRIENDLY DAY 2-6 PM Café Opens - 1 PM Recovery Circle - 2 PM Music & Movement- 3 PM Recovery Spotlight: Child Care Answers Recovery Circle - 4 PM Mealtime - 5 PM Karaoke - 5:30 PM Recovery Circle - 6 PM | 9 Café Opens - 9 AM Recovery Circle - 10 AM Self-Care Saturday– 10 AM Volunteer Orientation/Training - 10AM Mealtime - 11 AM New Member Introduction - 11:30 AM Recovery Spotlight: Impact4Life - 12 PM Recovery Circle - 12 PM Self-Care Event - 1:30-3:30 PM |
| CLOSED | 13 Emotions Anonymous- 1 PM Recovery Circle - 2 PM Walk It Out Wednesdays- 2 PM Nutrition Program - 3 PM Recovery Circle - 4 PM Mealtime - 5 PM New Member Introduction - 5:30 PM Social Emotional Wellness- 5:30PM Recovery Circle - 6 PM | 14 Café Opens – 1 PM Recovery Circle - 2 PM Culinary Program- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Recovering the Artist Within - 5:30 PM Recovery Circle - 6 PM | 15 FAMILY FRIENDLY DAY 2-6 PM Café Opens - 1 PM Recovery Circle - 2 PM Music & Movement- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Drum Circle - 5:30 PM Recovery Circle - 6 PM | 16 Café Opens - 9 AM Recovery Circle - 10 AM Self-Care Saturday– 10 AM LOVE TRAIN – 11:00AM-1:00PM Mealtime - 11 AM New Member Introduction - 11:30 AM Recovery Circle - 12 PM |
| CLOSED | 20 Emotions Anonymous- 1 PM Recovery Circle - 2 PM Walk It Out Wednesdays- 2 PM Nutrition Program - 3 PM Recovery Circle - 4 PM Mealtime - 5 PM New Member Introduction - 5:30 PM Social Emotional Wellness- 5:30PM Recovery Circle - 6 PM | 21 Café Opens – 1 PM Recovery Circle - 2 PM Culinary Program- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Recovering the Artist Within - 5:30 PM Recovery Circle - 6 PM | 22 FAMILY FRIENDLY DAY 2-6 PM Café Opens - 1 PM Recovery Circle - 2 PM Music & Movement- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Bingo - 5:30 PM Recovery Circle - 6 PM | 23 Café Opens - 9 AM Recovery Circle - 10 AM Self-Care Saturday– 10 AM Mealtime - 11 AM New Member Introduction - 11:30 AM Recovery Circle - 12 PM |
| CLOSED | 27 Emotions Anonymous- 1 PM Recovery Circle - 2 PM Walk It Out Wednesdays- 2 PM Nutrition Program - 3 PM Recovery Circle - 4 PM Recovery Spotlight- GROUPS – 4 PM Mealtime - 5 PM New Member Introduction - 5:30 PM Social Emotional Wellness- 5:30PM Recovery Circle - 6 PM | 28 Café Opens – 1 PM Recovery Circle - 2 PM Culinary Program- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Recovering the Artist Within - 5:30 PM Recovery Circle - 6 PM | 29 FAMILY FRIENDLY DAY 2-6 PM Café Opens - 1 PM Recovery Circle - 2 PM Music & Movement- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Drum Circle - 5:30 PM Recovery Circle - 6 PM | 30 Cafe' Opens - 9 AM Recovery Circle - 10 AM Self-Care Saturday– 10 AM Mealtime - 11 AM New Member Introduction - 11:30 AM Recovery Circle - 12 PM |



NOVEMBER 2021 - Q4

| SUN-TUES | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---------------|---|--|---|---|
| CLOSED | 3 Emotions Anonymous- 1 PM Recovery Circle - 2 PM Warm Up Wednesdays- 2 PM Nutrition Program - 3 PM Recovery Circle - 4 PM Mealtime - 5 PM New Member Introduction - 5:30 PM Social Emotional Wellness- 5:30PM Recovery Circle - 6 PM | 4 Café Opens – 1 PM Recovery Circle - 2 PM Culinary Program- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Recovering the Artist Within -5:30 PM Recovery Circle - 6 PM | 5 FAMILY FRIENDLY DAY 2-6 PM Café Opens - 1 PM Recovery Circle - 2 PM Dinner & A Movie- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Recovery Circle - 6 PM | 6 Café Opens - 9 AM Recovery Circle - 10 AM Self-Care Saturday– 10 AM Mealtime - 11 AM New Member Introduction - 11:30 AM Recovery Circle - 12 PM |
| CLOSED | 10 Emotions Anonymous- 1 PM Recovery Circle - 2 PM Warm Up Wednesdays- 2 PM Nutrition Program - 3 PM Recovery Circle - 4 PM Mealtime - 5 PM New Member Introduction - 5:30 PM Social Emotional Wellness- 5:30PM Recovery Circle - 6 PM | 11 Café Opens – 1 PM Recovery Circle - 2 PM Culinary Program- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Recovering the Artist Within -5:30 PM Recovery Circle - 6 PM | 12 FAMILY FRIENDLY DAY 2-6 PM Café Opens - 1 PM Recovery Circle - 2 PM Music & Movement- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Karaoke - 5:30 PM Recovery Circle - 6 PM | 13 Café Opens - 9 AM Recovery Circle - 10 AM Self-Care Saturday– 10 AM Volunteer Orientation/Training - 10AM Mealtime - 11 AM New Member Introduction - 11:30 AM Recovery Circle - 12 PM Recovariety Show! - 1:30-3:30 PM |
| CLOSED | 17 Emotions Anonymous- 1 PM Recovery Circle - 2 PM Warm Up Wednesdays- 2 PM Nutrition Program - 3 PM Recovery Circle - 4 PM Mealtime - 5 PM New Member Introduction - 5:30 PM Social Emotional Wellness- 5:30PM Recovery Circle - 6 PM | 18 Café Opens – 1 PM Recovery Circle - 2 PM Culinary Program- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Recovering the Artist Within -5:30 PM Recovery Circle - 6 PM | 19 FAMILY FRIENDLY DAY 2-6 PM Café Opens - 1 PM Recovery Circle - 2 PM Music & Movement- 3 PM Recovery Circle - 4 PM Mealtime - 5 PM Drum Circle - 5:30 PM Recovery Circle - 6 PM | 20 Café Opens - 9 AM Recovery Circle - 10 AM Self-Care Saturday– 10 AM LOVE TRAIN – 11:00AM-1:00PM Mealtime - 11 AM New Member Introduction - 11:30 AM Recovery Circle - 12 PM |
| CLOSED | 24 NO CLASSES Recovery Circle - 2 PM Recovery Circle - 4 PM Mealtime - 5 PM New Member Introduction - 5:30 PM Recovery Circle - 6 PM | 25 Thanksgiving MEAL Thanksgiving (Café Closed) | 26 Day After Thanksgiving Café Closed | 27 Café Opens - 9 AM Recovery Circle - 10 AM Self-Care Saturday– 10 AM Mealtime - 11 AM New Member Introduction - 11:30 AM Recovery Circle - 12 PM |